

# **LINCOLN PATRIOT GIRLS TRACK & FIELD**

## **STATE CHAMPIONS**

### **TEAM CHAMPIONSHIPS(7):**

1974, 1975, 1976, 1987, 2016, 2017, 2019

### **INDIVIDUAL TRACK CHAMPIONSHIPS (38):**

#### **100 METER DASH:**

VICKI KARSTANS (100 yd)	1972
BARB BERKELAND (100 yd)	1975
KRIS MEYERS	1984
STEPH SCHUELER	1986
STEPH SCHUELER	1987
ERIKA PALADINO	1992

#### **200 METER DASH:**

KRIS MEYERS	1984
KRIS MEYERS	1985
STEPH SCHUELER	1986
STEPH SCHUELER	1987

#### **400 METER DASH:**

STEPH SCHUELER	1986
STEPH SCHUELER	1987

#### **800 METER RUN:**

KIM MCKEON	1974
KIM MCKEON	1975
KIM MCKEON	1976
JASMYNE COOPER	2015
JASMYNE COOPER	2016

#### **1600 METER RUN:**

COURTNEY KLATT	2018
JASMYNE COOPER	2015
JASMYNE COOPER	2016
COURTNEY KLATT	2017

#### **3200 METER RUN:**

COURTNEY KLATT	2018
COURTNEY KLATT	2017

#### **110 METER HURDLES:**

JILL EVANS	1975
JILL EVANS	1976
MELISSA OLSON	1983
KELLY RHODES	1985
KELLY RHODES	1985
KELLY RHODES	1986
NEVADA SORENSON	2009

#### **300 METER HURDLES:**

ANNE BUTLER (180yd)	1978
MELISSA OLSON	1982
MELISSA OLSON	1983
KELLY RHODES	1985
KELLY RHODES	1986
KELLY RHODES	1987
NEVADA SORENSON	2008
NEVADA SORENSON	2009

# INDIVIDUAL FIELD CHAMPIONSHIPS (19):

## LONG JUMP:

JULIE DOWLING	1972
KRIS MCKEON	1976
ANGIE BUTTS	1987
JOSEPHINE DAL	2019

## HIGH JUMP:

PAT MEYERS	1973
MARY WIRTH	2010
MARY WIRTH	2009
MARY WIRTH	2008

## POLE VAULT:

## TRIPLE JUMP:

ALLIE LAHREN	2010
MEGHAN LAMBERT	2009
RYLEY HEIER	2017

## SHOT PUT:

LORI DUBBELDE	1977
MORI EMMONS	1980
MICHELE WELDER	1984
IZZY VANVELDHUIZEN	2016

## DISC:

CHRISTY WEEG	1981
CHRISTY WEEG	1982
AMY ELLIS	1989
CERA LEDBETTOR	2012

# INDIVIDUAL RELAY CHAMPIONSHIPS (17):

## 4x100 METER RELAY:

B. BERKLAND, L. DUNHAM, M. LAMMERS, M. ROBBIE	1975
J. THOMAS, M. KERSTEN, M. MOHR, A. AUEN	2016

## 4x200 METER RELAY:

L. QUIGLEY, D. HALGERSON, L. GREENO J. DOWLING	1973
K. MCKEON, J. EVANS, L. AMAN, M. ROBBIE	1975
K. RHODES, S. SQUILLANCE, S. SCHUELER, K. MEYERS	1985
D. REENTS, A. BUTTS, S. SQUILLANCE, K. RHODES	1986

## 4x400 METER RELAY:

S. BIRD, M. ROBBIE, L. AMAN, K. MCKEON	1974
S. BIRD, M. ROBBIE, L. AMAN, K. MCKEON	1975
K. MOSER, S. SQUILLANCE, K. RHODES, S. SCHUELER	1985
K. MUTH, L. HORTAN, S. SQUILLANCE, K. RHODES	1986
K. KOURI, L. HORTON, L. HENLE, K. RHODES	1987
R. FLYNN, J. BIRKELAND, K. KOOB, S. KERKAERT	1989

## 4x800 METER RELAY:

Bindert, Sudbeck, Levesque, Klatt	2017
Obeslo, Mulhair, Wasserman, Kerkaert	1991

**MEDLEY RELAY:**

**M. ROBBIE, J. REED, B. BERKELAND, K. MCKEON**

**1974**

**K. TIMMER, S. KELLY, J. ERGER, S. SPENCER**

**2003**

**L. BINDERT, M. KERSTEN, C. SUDBECK, J. COOPER, M. KELLY E. LEACH**

**2015**